



Semester Preparation Guide for Parents

This document is intended to guide parents in the transition back to school and the function of Semester Preparation Sessions. Students may be inclined to challenge the purpose and benefit of semester prep sessions when meeting prior to the first day of school.

SEM PREP SESSIONS OBJECTIVES



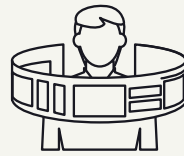
Identify and document goals, resources and strategies.



Reconnect and build rapport between the coach and student.



Demonstrate a positive, back to school mindset.



Identify systems and natural rhythms to support autonomy.



Identify strengths and challenges.



Establish readiness in academic areas of:

- mathematics
- reading and writing
- study skills
- time management
- organization



Create daily & weekly schedules.

“Before anything else, preparation is the key to success.”

- Alexander Graham Bell



Semester Preparations Sessions

Below are **significant areas of coaching** in preparation for the upcoming semester.



PHYSICAL ORGANIZATION

- Student Schedule, Logins & Passwords
- Back pack organization
- Desktop organization
- Google drive organization
- Calendar maintenance



MINDSET & INTENTION

- Student Schedule, Logins & Passwords
- Back pack organization
- Desktop organization
- Google drive organization
- Calendar maintenance



LOGISTICS

- Previous schedule ---> New school Schedule
- School Bell-Schedule
- Transportation
- Extracurricular Commitments
- Weekly Schedule
- School Website Review



SELF ASSESSMENT

- Self-reflection: Past School Performance
- Assess Grade Level Readiness
- Commitments: Strategies & Incentives
- Identify Strengths & Challenges



Benefits of Semester Preparations Sessions

As a Parent, you'll be able to:



Be at ease that your student will be academically prepared through our comprehensive program.



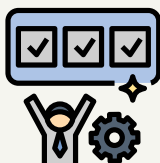
Reduce anxiety and unknowns while entering the semester.



Have peace of mind that s/he is guided through a system which supports accountability and independence.



Witness a deeper sense of responsibility and independence.



Create agreeable boundaries.
